

University of Houston - Biomedical Engineering Seminar

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Via Zoom: <https://uofh.zoom.us/j/92470065206>

Determining Next Career Steps and Creating a Plan to Get There



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Abstract

Graduate and postdoctoral training is often a mix of “the best of times” and the “worst of times” – the exhilaration of discovery vs. the uncertainties of “what’s next” and “will I ever finish”. This presentation will provide resources for assessing the alignment of various career options with regards to one’s professional skill set and life priorities, how to map out an effective plan towards achieving that goal, and how to strategically apportion the time available to carry out that plan.

Biosketch

After receiving his doctoral degree in biochemistry at Purdue University, Dr. Krug did postdoctoral training in developmental biology at Texas Tech University and the Medical College of Wisconsin. He is currently Professor Emeritus of Regenerative Medicine and Cell Biology at the Medical University of South Carolina. His research focused on the molecular characterization of early heart development. He also served as Associate Dean for Postdoctoral Affairs with administrative oversight of over 200 postdoctoral scholars and staff scientists. He is currently a professional development coach in several NIH- and NSF-funded mentoring programs that provides workshops on a variety of grant writing and career development essentials for postdocs and junior-to-mid career faculty. Krug was the 2019 recipient of the National Postdoctoral Association Garnett-Powers & Associates Mentor Award.